

### Contents

Arco Professional Safety Services	01
Why work with Arco Professional Safety Services?	02
Your safety partner	02
Real-world industry knowledge	02
140 years of sector experience	02
Trusted safety experts	02
Joined-up safety	04
Our capabilities	05
Consultancy	06
Benefit from our knowledge	06
Plan, Do, Check, Act	06
Working at height	06
Confined spaces	06
Respiratory	06
Occupational safety and health	06
DSEAR 06	06
Mental health and wellbeing	07
Environmental spill control	07
Training	08
Training for your whole business	30
Easy to book and organise	30
Our courses	10
Services	12
Fall Protection Services	14
Rescue Services	16
Respiratory Protection Services	18
Managed Services	20
Equipment and hire	22
Accreditations	24

## Arco Professional Safety Services

Arco Professional Safety Services provide consultancy, training, services and equipment to manage the most complex and high-risk, high-hazard scenarios. Specialising in working at height, in confined spaces and respiratory management, expert knowledge and experience mean the team can deliver solutions for situations with the highest risk of serious injury or irreversible damage to health.



### Consultancy

Our consultants work in a strategic manner bringing a wealth of real-world health and safety expertise plus an understanding of specific hazards that enables them to develop solutions that really add value. They can help with risk management, risk mitigation and risk transfer solutions, helping clients to control, manage or even transfer the full spectrum of high-risk, high-harm challenges.



Training

### Training

Training can be off the shelf or tailor-made and delivered on or off-site. Purpose-built training facilities provide effective learning environments which can accommodate a range of different learning styles. Plus, our highly skilled specialists are qualified to support senior executives and middle managers through to operatives.

Specialist training is provided in:

- · Working at height Confined spaces
- Respiratory
- Health and safety



#### Services

#### **Respiratory Protection Services**



Our specialist Respiratory Team can offer expert advice on all aspects of respiratory protection and how to implement an effective RPE programme, from face-fit testing, to respiratory training, and RPE servicing and maintenance.



#### **Fall Protection Services**





#### Rescue Services

We offer supervision and rescue services, as well as access to specialist teams that offer nationwide on-demand cover. Our joined-up approach means we can deliver a complete solution for all rescue at height and confined space scenarios, leaving nothing to chance.



Equipment

#### Equipment

Our impartial advice can help you find the most suitable combination of technical products for your specific risks. We offer:

- Equipment sales A comprehensive range of equipment for you to purchase.
- Equipment hire A full selection of the most current technologies from leading specialist suppliers for you to hire on standard or long-term contracts.
- Equipment maintenance Scheduled maintenance and calibrations of your equipment by our trained engineers.



# Why work with Arco Professional Safety Services?

If you're committed to continuously improving health and safety in your organisation, we're the expert partner you need to bring about real cultural change.

### Your expert safety partner

You can prepare for the risks you know about. But what about those you don't? As your expert safety partner we've got your back, filling any knowledge gaps and keeping you protected legally, reputationally and financially. We provide consultancy, training, services and products that meet your most complex and high-risk safety challenges.

### Real-world industry knowledge

Our collaborative, joined-up approach to health and safety, combined with our understanding of your sector and a wealth of industry experience, ensures our focus is on keeping your business safe in the long term.

We support this holistic approach with a comprehensive range of solutions to help you manage high-risk, high-hazard scenarios – in particular, working at height, in confined spaces or where effective respiratory management is **required** – all tailored to your organisation's unique needs.

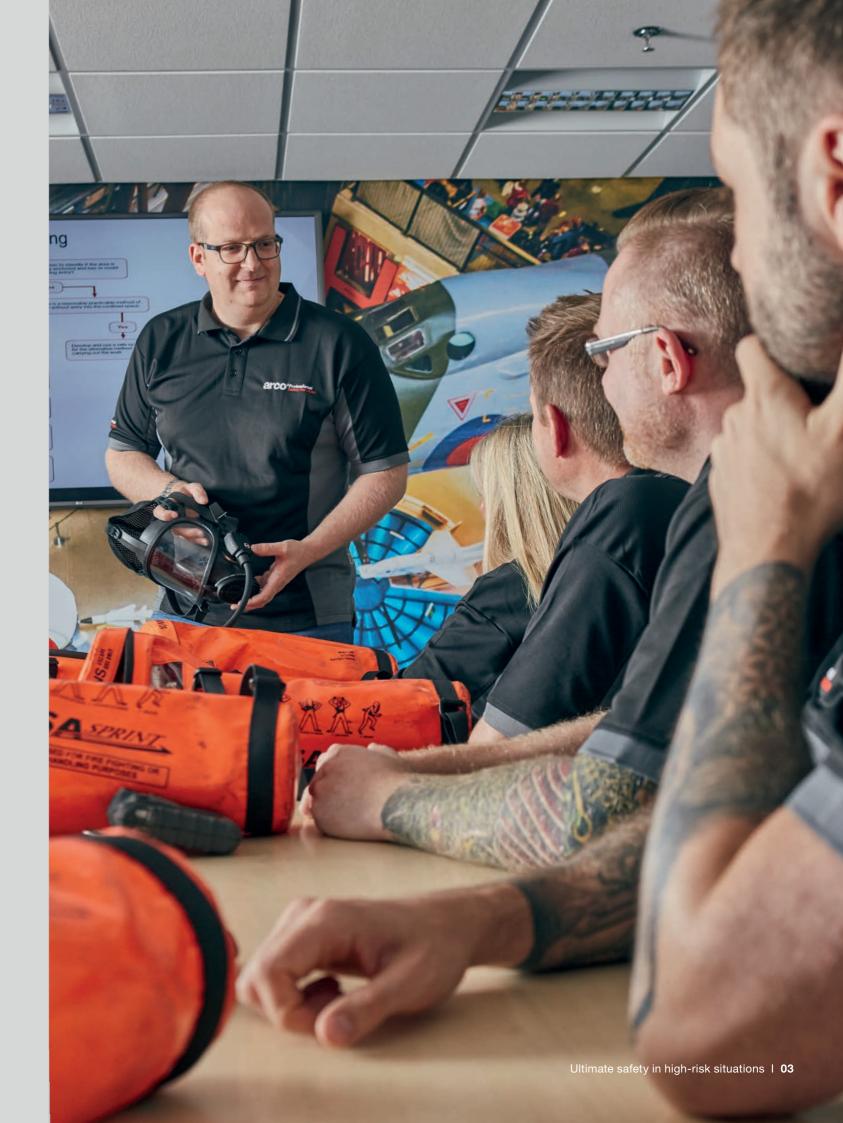
### 140 years of sector experience

Our combined 140-year heritage, specialist knowledge and experience mean that you can rely on us to deliver solutions where there is the highest risk of serious injury or irreversible damage to health.

### **Trusted safety experts**

Our work with well-known safety brands and our collaborative approach to health and safety is why we are the trusted safety partner to many of the UK's most iconic venues and heritage projects.

We're on a mission to keep your people, your brand and your business safe and healthy for the long term.

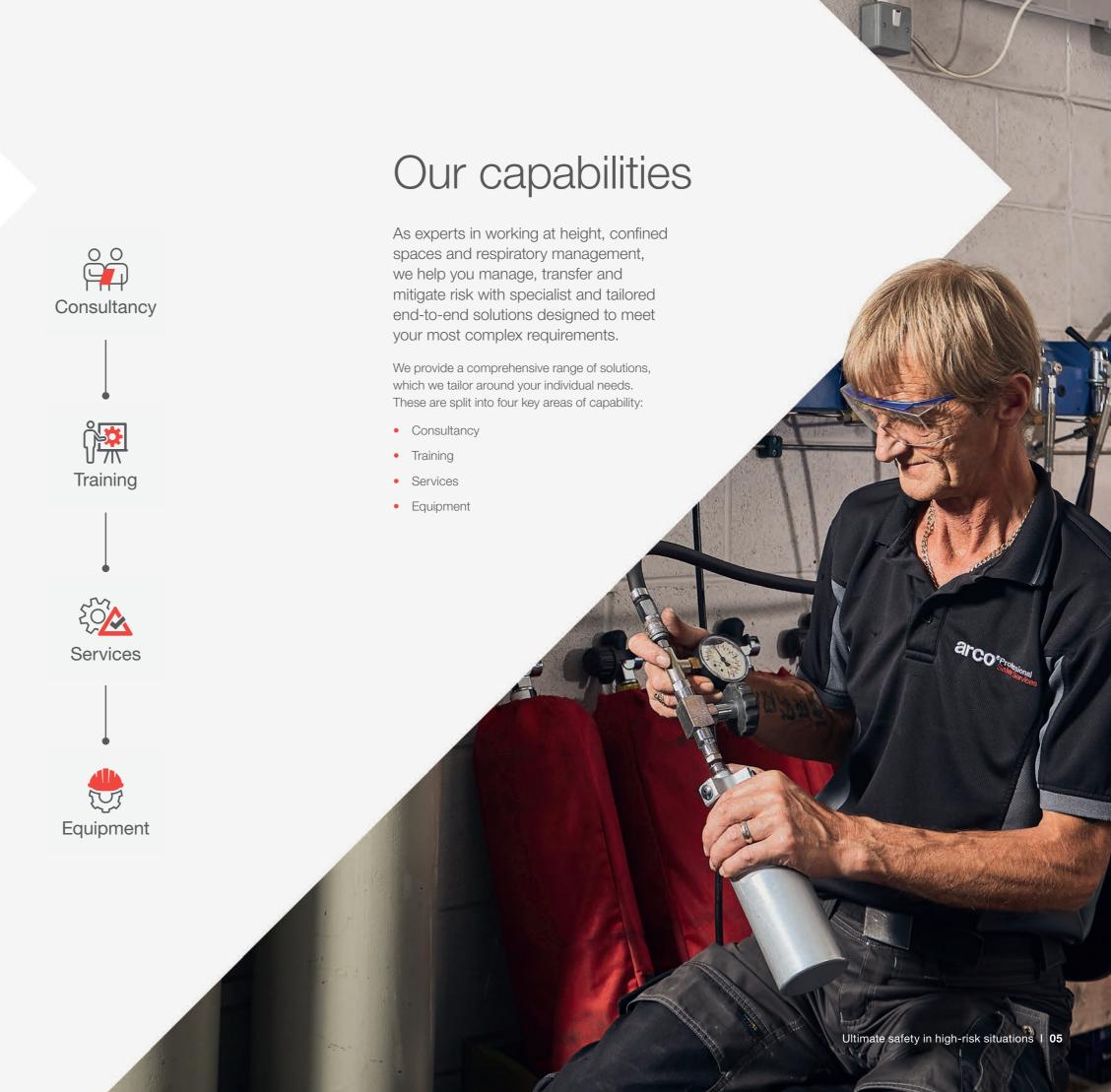


### Joined-up safety

Many of the safety challenges you face aren't straightforward. That's where joined-up safety comes in, helping you understand that the answer to your challenges is often a combination of complementary solutions. Working with you, we'll look for ways to apply the hierarchy of risk control effectively across your business.

Providing a tailored mix of training, consultancy and technical services helps us address your unique safety challenges. As a result, you get a robust solution that ensures you achieve either total risk transfer, a significant risk reduction or improved management of that risk.

Joined-up safety is an approach that's designed to help you.



### Consultancy

With so many considerations, the management and control of risk can be challenging. Drawing on a range of experience and accreditations, our experts work closely with you through HSG65 'Plan, Do, Check and Act' to make your workplace safer and healthier.

### Benefit from our knowledge

High-risk, high-hazard challenges are complex and time-consuming, requiring knowledge your business might not have. Working strategically, we use our real-world health and safety expertise to understand your world, developing solutions that continually add value.

### Plan, Do, Check, Act

Our consultants can work across all levels of your business to deliver an end-to-end solution. Whether you need to control, manage or transfer the full spectrum of high-risk, highharm challenges, we can help you through risk management, mitigation and transfer solutions.

### Working at height

- Equipment selection
- Staff training
- Rescue planning
- Compliance audits
- Rescue plans

### **Confined spaces** Risk assessment including confined space classification Access control and permit systems • Equipment selection and maintenance Respiratory Air purity testing **Workplace monitoring** COSHH assessment PUWER assessment Noise assessment and monitoring Air monitoring **DSEAR** Assessment and classification Zone control Emergency preparedness



Ultimate safety in high-risk situations I 09

08 | Arco Professional Safety Services

### Our courses

### Working at height

- Rooftop safety & access
- Advanced climber
- Tower rescue
- Fall protection
- S-Cape user
- PPE inspection
- Safety harness
- Lanyard training
- Telecoms climber
- Warehouse safety training
- Rescue from height training
- MEWP training
- Rope access training
- Ladder safety training
- Rail training

### **Confined spaces**

We offer the complete suite of City & Guilds scheme in:

- Awareness training
- Low risk confined spaces
- Medium risk confined spaces
- High risk confined spaces
- Emergency rescue and recovery of casualties
- Confined space management

All the above training can be delivered off-site as part of our mobile confined space training unit proposition.

### Respiratory

- Positive and negative pressure training
- Qualitative respiratory training
- Quantitative respiratory training
- Powered respiratory training
- BA user training
- Full breathing apparatus training

### Health and safety

- Mental health and wellbeing awareness, including 2-day MHFA accredited course
- Suite of IOSH courses, including:
  - Working safely
  - Managing safely
  - Safety for executives and directors
  - Leading safely
- CDM regulation and awareness
- LOLER regulation and awareness
- DSEAR awareness
- Permit to work
- Abrasive wheels





### **Fall protection services**

Our highly experienced team develops comprehensive risk prevention plans for working at height, façade access and rescue. We can provide an end-to-end service from consultation through design, installation and provision of maintenance and certification programmes.

Fall protection solutions can be provided as part of the construction phase of new builds or retrofitted and we offer a range of systems from leading manufacturers:

- Collective fall protection
  - Walkways, ladders and stairs, rooflight protection, and guardrails and barriers
- Personal fall protection
  - Vertical and horizontal lifelines, anchor points, and davit arm systems
- Abseil systems

### **Testing and recertification**

All fall protection systems used for the purpose of fall protection, fall arrest and restraint, must be tested and carry a test certificate to comply with UK legislation. We can help manage certifications, recertifications and repairs.

Our manufacturer trained engineers can install, service and certify a wide range of market-leading fall protection and abseil systems including Latchways, Capital Safety, Sala, Metreel and Soll.

In the event of system failure or non-compliance during an inspection, we will provide full reports and guidance on any required actions to ensure systems are fit for purpose.







### Respiratory

Alongside technical complexities, the long latency of work-related respiratory illnesses often means that problems aren't spotted until years later. Where it is not possible to eliminate exposure to hazardous substances, potential exposure should be prevented and controlled to minimise impact.

Thanks to our joined-up approach, we are uniquely placed to provide services for environments where there's a combined risk from respiratory, working at height and confined space issues.

Our specialist respiratory services include:

- Respiratory management programme implementation
- Face-fit testing
- Air purity testing
- Lung function testing



### **Face-fit testing**

We can help you prevent deadly respiratory diseases reaching your workers by delivering BSIF Fit2Fit qualified face-fit testing. With one of the largest teams of mobile RPE technicians available across the UK, testing can be conducted at one of our training centres, selected Arco stores or your site.

Matching an individual's face shape with a compatible mask ensures a tight seal and that the chosen RPE is suitable for their working environment. We can also assist you with training and ongoing equipment maintenance.



One of the largest mobile respiratory protection teams in the UK.



### **Managed services**

Using our experience, we have developed a free online Customer Asset Tracking (CAT) platform that captures all safety critical information in one place. Available to you 24/7, it's easy to view and manage elements such as training expiry dates, certificates, and inspections of PPE and fall protection systems.

Managing training, medicals and inspections can be time-consuming and costly, and is often overlooked during busy times. Instead, why not outsource the complete administration and management of safety critical equipment, assets and certification to dedicated professionals.

We can take care of all this for you, giving you peace of mind that your training requirements are managed, equipment inspections are scheduled, and compliance records are fully up to date.

There are three levels of services available, depending on your individual needs.







### Accreditations

Peace of mind that you're working with a safety partner who has the knowledge, expertise and skills to solve your complex safety challenges.

### **Contractor solutions**











### **Respiratory solutions**



### **Management solutions**







### Working at height solution











### Quality















