Working together to keep your business safer
<table>
<thead>
<tr>
<th>Why work with Arco Professional Safety Services?</th>
<th>01</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your safety partner</td>
<td>01</td>
</tr>
<tr>
<td>Real-world industry knowledge</td>
<td>01</td>
</tr>
<tr>
<td>130 years of sector experience</td>
<td>01</td>
</tr>
<tr>
<td>Trusted safety experts</td>
<td>01</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Joined up safety</th>
<th>03</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Our capabilities</th>
<th>04</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Consultancy</th>
<th>05</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benefit from our knowledge</td>
<td>05</td>
</tr>
<tr>
<td>Plan, Do, Check, Act</td>
<td>05</td>
</tr>
<tr>
<td>Working at height</td>
<td>05</td>
</tr>
<tr>
<td>Confined spaces</td>
<td>05</td>
</tr>
<tr>
<td>Respiratory</td>
<td>05</td>
</tr>
<tr>
<td>Occupational safety and health</td>
<td>05</td>
</tr>
<tr>
<td>DSEAR</td>
<td>05</td>
</tr>
<tr>
<td>Mental health and wellbeing</td>
<td>06</td>
</tr>
<tr>
<td>Environmental spill control</td>
<td>06</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Training</th>
<th>07</th>
</tr>
</thead>
<tbody>
<tr>
<td>Training for your whole business</td>
<td>07</td>
</tr>
<tr>
<td>Easy to book and organise</td>
<td>07</td>
</tr>
<tr>
<td>Our courses</td>
<td>09</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Services</th>
<th>11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Working at height</td>
<td>11</td>
</tr>
<tr>
<td>Engineered fall protection and access systems</td>
<td>11</td>
</tr>
<tr>
<td>Testing and recertification</td>
<td>11</td>
</tr>
<tr>
<td>Managed services</td>
<td>11</td>
</tr>
<tr>
<td>Confined spaces</td>
<td>13</td>
</tr>
<tr>
<td>Respiratory</td>
<td>15</td>
</tr>
<tr>
<td>Face-fit testing</td>
<td>15</td>
</tr>
<tr>
<td>Inspection services</td>
<td>17</td>
</tr>
<tr>
<td>Cleaning and maintenance services</td>
<td>19</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Equipment and hire</th>
<th>21</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Training locations</th>
<th>23</th>
</tr>
</thead>
</table>

| Accreditations    | 24 |
Why work with Arco Professional Safety Services?

If you’re committed to continuously improving health and safety in your organisation, we’re the expert partner you need to bring about real cultural change.

Your safety partner
You can prepare for the risks you know about. But what about those you don’t? As your safety partner we’ve got your back, filling any knowledge gaps and keeping you protected legally, reputationally and financially. We will provide you with consultancy, training, services and products that can meet your most complex and high-risk safety challenges.

Real-world industry knowledge
Our collaborative, joined-up approach to health and safety, combined with our understanding of your sector landscape and a wealth of industry experience, ensures our focus is on keeping your business safe in the long term.

We support this holistic approach with a comprehensive range of solutions to help you manage high risk, high-hazard scenarios – in particular, working at height, in confined spaces or where effective respiratory management is required – all tailored to your organisation’s unique needs.

130 years of sector experience
Arco Professional Safety Services was born out of a merger between safety, health and environmental specialists Total Access (UK), Confined Space Training Services and Arco Training and Consultancy.

Our combined 130-year heritage, specialist knowledge and experience mean that you can rely on us to deliver solutions where there is the highest risk of serious injury or irreversible damage to health.

Trusted safety experts
Our work with well-known safety brands and our collaborative approach to health and safety is why we are the trusted safety partners of many of the UK’s most iconic venues and heritage projects.

We’re on a mission to keep your people, your brand and your business safe and healthy for the long term.
Many of the safety challenges you face aren’t typically straightforward. That’s where joined up safety comes in, helping you understand that the answer to your challenges is often a combination of complimentary solutions. Working with you, we’ll look for ways to apply the hierarchy of risk control effectively across your business.

As a result, you get a robust solution that ensures you achieve either total risk transfer, a significant risk reduction or improved management of that risk.

Providing a tailored mix of training, consultancy and technical services helps us address your unique safety challenges.

Joined up safety is an approach that’s designed to help you.
Our capabilities

We can help you manage, transfer and mitigate risk with specialist and tailored end-to-end solutions that are designed to meet your most complex and pressing needs.

We provide a comprehensive range of solutions, which we tailor around your individual needs. These can be split into four key areas of capability:

- Consultancy
- Training
- Services
- Equipment
Consultancy

The management and control of risk can be challenging when there are so many different solutions, opinions and legal requirements to consider. With a range of industrial experience and technical accreditations, our experts work with you through HSG65 Plan, Do, Check and Act dependent on where you are on your health and safety journey to make your workplace safer and healthier.

Benefit from our knowledge
High-risk, high-hazard challenges can be complex, time consuming and require a level of skill, knowledge and experience you might not have within your business. We work in a strategic manner, bringing with us a wealth of real-world health and safety expertise and understanding of your hazards that enables us to develop solutions that really add value.

Plan, Do, Check, Act
Our consultants work in partnership with you at all levels of your business to deliver an end-to-end health and safety solution. This helps you when working with HSG65 Plan, Do, Check and Act. Whether you need to control, manage or even transfer the full spectrum of high-risk, high-harm challenges, we can help you through our risk management, risk mitigation and risk transfer solutions.

Working at height
Current work practices will be assessed against:
- The hierarchy of control for work at height
- Equipment selection
- Staff training
- Formal inspection and maintenance regimes
- Rescue planning
- Compliance audits
- Rescue plans
- Safe systems of work

Confined spaces
- Risk assessment including confined space classification
- Access control and permit systems
- Equipment selection and maintenance

Respiratory
- Air quality testing and monitoring

Occupational safety and health
- COSHH assessment
- Noise assessment and monitoring

DSEAR
- Assessment and classification
- Zone control
- Emergency preparedness
Mental health and wellbeing
- Strategy and policy development and implementation

Environmental spill control
- Spill containment
Training

Keeping up to date with safety legislation can be challenging. We are fully focussed on providing highly-effective learning environments which can accommodate a range of different learning styles. Whether you’re looking for off-the shelf or tailor-made, on or off-site safety training, we can help.

**Training for your whole business**

Our highly-skilled specialists are qualified to support senior executives and middle management through to operatives, meaning we’re able to meet all your health and safety training needs. To better suit your needs, our instructors can also support you at any of our national specialist training centres, in your own facilities or using our award-winning mobile confined space training units.

**Easy to book and organise**

Our range of courses help you train your people for high-risk environments, plugging skills and knowledge gaps through a relevant package of training that’s easy to book and makes it simple to organise re-qualification of prior learning and knowledge.

Our highly-skilled specialists are qualified to support senior executives and middle management through to operatives.
Our courses

Working at height
- Rooftop safety & access
- Advanced climber
- Tower rescue
- Fall protection
- S-Cape user
- PPE inspection
- Safety harness
- Lanyard training
- Telecoms climber
- Warehouse safety training
- Rescue from height training
- MEWP training
- Wind turbine climber training
- Rope access training
- Ladder safety training
- Rail training

Confined spaces
We offer the complete suite of City & Guilds 6150 scheme in:
- Awareness training
- Low risk confined spaces
- Medium risk confined spaces
- High risk confined spaces
- Emergency rescue and recovery of casualties
- Confined space management

All of the above training can be delivered off-site as part of our mobile confined space training unit proposition.

Respiratory
- Positive and negative pressure training
- BSIF Fit2Fit accredited qualitative respiratory training
- Quantitative respiratory training
- Powered respiratory training
- BA user training
- Full breathing apparatus training

Health and safety
- Mental health and wellbeing awareness, including 2-day MHFA accredited course
- Suite of IOSH courses, including:
  - Working safely
  - Managing safely
  - Safety for executives and directors
  - Leading safely
- CDM regulation and awareness
- LOLER regulation and awareness
- DSEAR awareness
- New roads and street works (NRSWA)
- Permit to work
- Abrasive wheels
We offer the complete suite of City & Guilds 6150 scheme.
Services

Working at height

Working at height is probably the most common high-risk environment in your business. Our strong industry links mean we’re fully informed of the duties placed on those responsible for working at height. Our end-to-end approach means we can develop bespoke solutions to help you manage, mitigate or transfer the risk to us. From the design and provision of high-level access solutions to training, providing the right equipment or even taking on the job for you.

Engineered fall protection and access systems

We offer a wide range of systems from the leading manufacturers in the field under the following categories:

- Collective fall protection
- Personal fall protection
- Abseil systems

As a true health and safety partner it’s essential that quality runs through every single touch point, and our BIM capability puts us at the forefront of collaborative design and implementation.

Testing and recertification

All systems used for the purpose of rope access, fall restraint and fall arrest must be inspected, tested and carry supporting formal certification. We can help manage your initial certification, recertification and repair. In the event of system failure or non-compliance during the inspection, we will provide full reports and guidance on required remedial action to ensure systems are fit for purpose.

Our fully-trained engineers can install and service a wide range of market-leading fall protection and abseil systems including MSA (Latchways), 3M, Metreel and Soll.

Managed services

Managing your employees training, medicals, equipment, PAT testing and statutory lifting accessories inspections can be time consuming, costly and may get overlooked during busy times. We can take care of this for you and include all the relevant certification, giving you peace of mind that your employees and equipment are working safely and are fully compliant with legislation.

Our free Customer Asset Tracking (CAT) system gives you full visibility of competency, inspection and compliance status, allowing you to monitor certification and ensure your fall protection systems are inspected and compliant.
Our strong industry links mean we’re fully informed of the duties placed on those responsible for working at height.
Confined spaces

Working in confined spaces is a difficult and often misunderstood area of safety. As highlighted in the requirements of the Confined Space Regulations, Approved Code of Practice and guidance L101, the dangers of confined space working should not be underestimated.

Using our joined-up approach, we’ll work with you to understand your needs before recommending and providing appropriate solutions. Our teams are equipped with access, first aid, entry and rescue equipment to suit even the most awkward of confined spaces. With access to specialist equipment and full standby rescue teams we can plan for all eventualities and leave nothing to chance.

Our safety experts can offer the following services in confined spaces:

- Cleaning
- Inspection
- Supervision
- Rescue

Our teams are equipped with access, first aid, entry and rescue equipment to suit even the most awkward of confined spaces.
Face-fit testing

With the largest mobile respiratory protection team in the UK, and a combined experience of over 125 years of face-fit testing, we can help you prevent deadly respiratory diseases from reaching your workers.

We can match an individual’s face shape with a compatible mask to ensure a tight seal is achieved and the RPE selected is suitable for their working environment. We’ll also assist you with training and ongoing equipment maintenance.

Respiratory

Managing respiratory risks can feel like the most challenging area of safety. Not only are there technical complexities, but the long-latency of work-related respiratory illnesses often means the problems aren’t spotted until years later. By which time, it’s too late.

Our joined-up range of services helps you manage and mitigate the risks through consultancy, training, careful selection of equipment and maintenance.
Inspection services

We can inspect and survey various types of structures via a full suite of specialist access methods. As an IRATA member company all our staff are highly-trained and work to the world’s leading trade association standards.

<table>
<thead>
<tr>
<th>Working at height:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Building inspection</strong></td>
</tr>
<tr>
<td>We work with some of the UK’s largest companies across a range of industrial sectors including FM, food, utilities, construction and civil engineering to protect the integrity of their assets.</td>
</tr>
<tr>
<td><strong>Ladders and walkway inspection</strong></td>
</tr>
<tr>
<td>Our team of highly-experienced and competent inspectors carry out fixed access ladder, platform, stairs and walkway equipment inspections, keeping our clients fully compliant with their legal obligations.</td>
</tr>
<tr>
<td><strong>Mast and tower inspection</strong></td>
</tr>
<tr>
<td>Working to the MATS GN-014 Structural Inspections of Masts and Towers guide notes, our competent specialist access examiners carry out safe-to-climb inspections of all types of masts and towers.</td>
</tr>
<tr>
<td><strong>Bridge inspection</strong></td>
</tr>
<tr>
<td>Our national team of qualified structural examiners undertake inspections of masonry, metallic and concrete structures.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Confined spaces:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Confined space inspection</strong></td>
</tr>
<tr>
<td>Our skilled and accredited surveyors can conduct detailed structural examinations in hazardous environments using industrial rope access and confined space techniques.</td>
</tr>
<tr>
<td><strong>Confined space CCTV</strong></td>
</tr>
<tr>
<td>With over 25 years of experience of examining culverts, ducts, drainage, pipe systems and other underground assets, our team can use remote vehicle technology to provide a detailed survey and supply clear CCTV footage.</td>
</tr>
<tr>
<td><strong>Confined space surveying and mapping</strong></td>
</tr>
<tr>
<td>Working in conjunction with specialist surveyors, our engineering team carry out line of sight, measured and topographical surveys in confined spaces and other hazardous areas.</td>
</tr>
</tbody>
</table>
Working together to keep your business safer
Cleaning and maintenance services

Some tasks aren’t without their risks. Under the Working at Height Regulations, it’s the moral duty of those in control to ensure the safety of their operatives and prevent a fall from height.

Employers and employees must consult the Hierarchy of Control and consider whether an alternative way to complete the work, or an alternative form of access would be safer. Sometimes, this may be impossible, or the costs of alternative access may be disproportionate to the work being done.

Using industrial rope access, our expert personnel perform a wide variety of maintenance tasks. This offers low levels of site disruption, and without the potential for fabric damage often associated with other access methods.

We can help with the following tasks:

- Abseil window cleaning
- Rope access silo cleaning
- Gutter cleaning
- Cleaning in confined spaces
- Concrete and joint repairs
- Pipework systems
- Cable work systems
- Fire systems
- Vegetation removal
- Pest control and bird netting
- Mastic and sealant works
- Building facade cleaning
Equipment and hire

When your people are working in high-risk environments, you need to feel confident they’ve got the right kit for the job. We’ll help you find the right combination of technical products for your specific risks and train your people how to use them correctly.

We’re not tied to any brand, so our advice is always impartial and based upon providing you with the most suitable products.

We also understand that purchasing specialist safety equipment can be costly, which is why we offer a flexible hire service, including single day use to three-year contracts.

Our team of formally-trained experts can also ensure your equipment is properly maintained, serviced and in full working order, with up-to-date test documentation. Our national mobile team can service and maintain a wide range of equipment at your sites.

Find out more about the equipment available at:
arcoservices.co.uk/equipment/shop
Accreditations give you peace of mind that you’re working with a safety partner who has the knowledge, expertise and skills to solve your complex safety challenges.

Contractor solutions

Confined space solutions

Respiratory solutions

Management solutions

Working at height solution

Quality
Enquire about a course

Head Office
Unit 5, 6, 7
Raleigh Hall Industrial Estate,
Swynnerton Road,
Eccleshall,
Stafford ST21 6JL
01785 850333

Warrington Office
Warrington Business Park,
Long Lane,
Warrington
WA2 8TX
01925 244144

Enfield Office
25 Jute Lane,
Enfield,
London
EN3 7PF
020 8805 5144

Hull Office
Waverley Street,
Hull
HU1 2SH
01482 611769

www.arcoservices.co.uk